

## **Bystander Intervention**

Member's observation of a high-risk situation (i.e., a situation that may precede a sexual assault), and how they intervened.



## The following items are used to assess Bystander Intervention on the DEOCS using a 7-point response scale from strongly disagree to strongly agree.

- 1. In the past 12 months, I observed a situation that I believe was, or could have led to, a sexual assault.
  - a. Yes
  - b. No
- 2. Follow-up: In response to this situation: (Select the one response that most closely resembles your actions)
  - I stepped in and separated the people involved in the situation.
  - I asked the person who appeared to be at risk if they needed help.
  - I confronted the person who appeared to be causing the situation.
  - I created a distraction to cause one or more of the people to disengage from the situation.
  - I asked others to step in as a group and diffuse the situation.
  - I told someone in a position of authority about the situation.
  - I considered intervening in the situation, but I could not safely take any action.
  - I decided to not take action.

$\backslash$	Favorable	Unfavorable
Indicators	<ul> <li>Members safely take action and help someone who may be a target of a sexual assault</li> <li>Strong group norms and a sense of belonging encouraging young members to speak up about violence and sexist language</li> <li>Leaders attending and supporting training events</li> <li>Sexist behaviors (e.g. comments, jokes) are addressed promptly</li> </ul>	<ul> <li>Resistance or fear to address rude, inconsiderate offensive humor or unprofessional behaviors (e.g., comments and jokes)</li> <li>Increase in peer's alcohol consumption and risky behaviors</li> <li>Reports of unwanted sexual behaviors (e.g., intentional touching, exposure to sexual situations)</li> </ul>
Outcomes	<ul> <li>Reduction in violence and inappropriate behaviors</li> <li>Increase in recognizing abusive behaviors towards men, women, and children prior to an incident</li> <li>Decreased alcohol/drug related incidents that might have resulted in a sexual assault</li> <li>Members discuss issues and model positive behaviors by military leaders</li> <li>Stronger sense of teamwork, camaraderie and community involvement</li> </ul>	<ul> <li>Threats of violence (e.g., sexual assault, hazing rituals, bullying, or suicide)</li> <li>Low retention rate, fewer new employee hires due to work environment; increase in requests for reassignments</li> <li>Serious short and long-term health consequences including physical injury, poor mental health and chronic physical health problems</li> </ul>

For more information go to Assessment to Solutions on deomi.org. You will find:

- Focus Group/Interview Questions
- Online Lessons
- Strategies to address issues with this factor
- Videos that can help you better understand this factor
- Web Resources and Recommended Readings
- References that are directly associated with this factor